



Hilda Gurdian Level I Coach

Strengths :

Context Strategic Learner Responsibility Developer

Contact Information: hgurdian@lanotica.com 704.568.6966 ext 106

Hilda is originally from Venezuela. She has been a Charlotte resident and a St. Gabriel parishioner for 17 years. Hilda has been married to Alvaro Gurdian for 32 years. They have two sons. Her interests are reading, exercising, and spending time with family and friends. Hilda is Publisher of La Noticia, the leading Spanish-Language newspaper in the Carolinas. She is also President of La Noticia Foundation which was created to help Latino students with the grades and the desire to go to college but without the financial means to do.

St. Gabriel Catholic Church

Living Your Strengths

Coaching



What is a LYS Coach?

A coach is someone who helps the parishioner explore and understand their God-given talents, to discover God's calling or purpose for their life.

~It is free

~It is confidential

~It is private

~It is one on one sessions

Coaching helps one become more effective on all levels of their lives .

Bill Conwell Level I Coach

Strengths:

Developer Responsibility Achiever Connectedness Arranger

Contact Information: conwel_w@bellsouth.net

Bill has held positions as a senior-level technology sales & marketing executive with industry leaders including IBM, AT&T, and smaller software and hardware companies. Bill joined XL/Datacomp in 1984, and was one of five key executives that spearheaded growth to \$450 Million annual sales by 1989 and a very successful IPO. He served as VP of Business Development for Gemini Consulting and AT&T Solutions through the mid-90's focused on Business Transformation of Fortune 100 companies. Most recently, Bill has held senior level exec positions with two professional golf tours.

Bill has been a St. Gabriel parishioner for five years and is currently involved in the following St. Gabriel Ministries:

- *St Gabriel Ministries* Leadership Team for the St. Gabriel in Transition (SGIT) career ministry since December 2008, which has assisted over 200 parishioners and community members in 2009.
- Engagement Committee in June 2009
- Completed Level 1 Living Your Strengths Coaching training in July 2009

Kathy Diener Level I Coach

Strengths:

Connectedness Empathy Ideation Developer Belief

Contact Information: kdiener@stgabrielchurch.org 704.362.5047 ext 230

Kathy is the Coordinator of Spirituality at St. Gabriel and is also a trained Spiritual Director. Her past training includes experience as an RN, a Lay Ecclesial Minister and a young adult and youth minister. Kathy is from Detroit, Michigan. Married to Deacon Mark Diener, she enjoys spending time with her four adult children, daughter-in-law and two grandchildren. She likes painting, sculpting and visiting with friends.

Kathy has current involvement in the following St Gabriel Ministries:

- Cursillo
- Marriage Encounter
- Engagement Committee
- Living Youth Strengths small group facilitator
- Coach

Deacon Mark Diener Level I Coach

Strengths:

Ideation Strategic Deliberative Learner Achiever

Contact Information: drdiener@hotmail.com 704.362.5047 ext 277

Deacon Mark was ordained to the Diaconate for the Diocese of Charlotte in June 2006 and placed at St Gabriel Catholic Church. He and his wife, Kathy, have been married for 31 years. They have four children and two grandchildren. Mark and Kathy moved from the Detroit area and have lived in Charlotte since 1985. They have been members of St. Gabriel since June 2006. Mark is in private practice as a Chiropractic physician in Charlotte. He loves sailing, snow skiing and working on and collecting old cars.

Deacon Mark has current and former involvement in the following St Gabriel Ministries:

- Annulments
- Baptismal prep classes and Baptisms
- Marriage prep, Marriage Encounter and weddings
- Wake and funeral services
- Cursillo/Ultreya
- Engagement Committee
- Living Youth Strengths small group facilitator

Ana Lothspeich Level 1 Coach

Strengths:

Input Strategic Learner Context Achiever

Contact Information: alothspeich@carolina.rr.com H: 704.845.2816 C: 704.839.9087

Ana is originally from Quito, Ecuador. She is married to Steve and they have two sons, Alex (14 yrs. old) and Matthew (12 yrs. old.). Ana has a passion for volunteer work and service. She is a former Project Manager with a background in Marketing and Advertising. Ana enjoys traveling, reading, learning about other cultures and is interested in history. Ana speaks fluent Spanish and English.